

Have Mercy on Our Soles 5K Run/Walk

Saturday, October 7, 2017 at 9:00 AM

Our Lady of Mercy Catholic Church



About our Race

Join the Our Lady of Mercy Community for our annual 5K race during MercyFest weekend! Funds raised through MercyFest events like the 5K help maintain the Parish Life Center and support various programs for the community. This is a USATF certified course that starts at the MercyFest carnival site and runs through the beautiful Waubonsie Creek Trail.

Hesed House Food Donation

Hesed House is the community program we have chosen to support with this year's race. We are encouraging all participants to bring new pairs of heavy gloves, thermal underwear, hand warmers or winter hats to donate.

Group Challenge!!!

Bring the whole family for a friendly competition with your neighbors! We offer discounted group pricing and we'll be giving medals to the teams with the fastest average times (minimum of 3 runners).

Registration Fees

Individual Participants: \$25.00/runner (until 10/4/2017). Discounted for groups (see form on back).

Awards

Plaques and a gift card will be awarded to the top male and female in the 5K.

Medals will be presented to the top three male and female 5k finishers in each age group.

Medals will be presented to the family with the fastest average time in each family size group.

All pre-registered runners will receive a race shirt

Age Groups : 10 & Under, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69 , 70 & Over

Pre-Registration Deadline is 10/4/2017

Registration opens again at packet pickup on 10/6 and on race day from 7:00 – 8:30 AM.

Entries received after 10/4 have increased fees (see form on back)

RUNNERS WHO REGISTER AFTER OCTOBER 4th ARE NOT GUARANTEED A RACE SHIRT

How to Register (note online registration option will include a convenience charge)

- 1) Online at <https://raceroster.com/events/2017/14038/have-mercy-on-our-soles-5k>
- 2) Mail in the form on the back of this flyer (must be received by 10/4/2017)
- 3) Register at Packet Pickup or on Race Day (Shirts not guaranteed)

Key Dates and Times

Packet Pickup on Friday, 10/6 from 6:00 – 8:00 PM at MercyFest (in Big Tent)

Race Starts at 9:00 AM on Saturday, 10/7 (Rain or Shine!)

Post Race Awards along with chili and beer in the Big Tent at 10:00 AM

Race Contacts: Spencer Coyle at scogle@sbcglobal.net or 630-464-0480

Jennifer Sullivan at Jennifer@yppinc.com or 630-244-8899

OFFICIAL ENTRY FORM

Individual 5K Team of 3 Team of 4 Team of 5 Team of 6

Name: _____

Address: _____

City, State, Zip: _____

Email: _____

Male

Female

Age on Race Day: _____

Shirt Size:

Youth M

Youth L

Adult S

Adult M

Adult L

Adult XL

Team Name _____

Note to Group Entrants: We can accept one check for all group entries, but we require that an official entry form be completed and signed for each runner. Please include a completed form for each runner when sending in your payment.

Registration Fees

	<u>By 10/4/2017</u>	<u>After 10/4/2017</u>
Individual 5K	\$25	\$30
Team of 3	\$60	\$70
Team of 4	\$75	\$90
Team of 5	\$90	\$105
Team of 6	\$100	\$115

Race Fee Enclosed: \$ _____

Mail Entry Form and Check payable to Our Lady of Mercy to:

Our Lady of Mercy

Attn: Have Mercy on Our Soles 5K

701 S. Eola Road

Aurora, IL 60504

Waiver:

In consideration of my participation in the "Have Mercy on our Soles 5K" I for myself, my executors, administrators and assignees, do hereby release and discharge all race organizers, sponsors, Fox Valley Park District, volunteers and benefactors of the "Have Mercy on our Soles 5K" and hold them harmless for and against any and all actions, claims, liabilities, loss, damage, expense of whatever nature, including attorney fees, which may at any time be incurred by my participation of aforesaid race. I attest and verify my knowledge of risks involved in this event and am physically fit and sufficiently trained to participate in this event.

_____ Date _____